

# Health Kits for Haiti

Can you help out by providing materials for a Health Kit that can be sent to Haiti? This would be a good opportunity for you to personally assist in the disaster response, without leaving Ligonier. Please bring your completed health kits to the office asap. If you can only provide a few items, please put a note on your bag telling us what's missing and we will complete the kit. Thank you!

**Health Kit Items Value:** \$12 per kit

Place these items inside a resealable one-gallon plastic bag.

- 1 hand towel (15" x 25" up to 17" x 27", No kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, No child-size brushes)
- 6 adhesive plastic strip sterile bandages
- 1 tube of toothpaste

## Important Kit Assembly Information

- All items included in kits must be NEW items.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items-nothing more.
- Do NOT include any personal notes, money or additional materials in the kits. These things must be painstakingly removed and will delay the shipment.

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